

Connected Families

Resources

Parenting young children is one of the most rewarding and challenging experiences. This series of videos and PDFs explores effective strategies and techniques for encouraging positive behaviors, managing challenges, and fostering healthy communication between you and your child.

Whether you're navigating tantrums, promoting independence, or simply seeking to strengthen your bond, this resource aims to provide you with practical insights and actionable tips to support your journey in raising confident and resilient children.

Resources

Video

PDF

Spending Special Time with Your Child



Using Praise and Rewards with Your Child



Removing Attention to Change Your Child's Behavior



Logical Consequences for Young Children



Giving Effective Instructions to Young Children



Family Rules and Routines



Labeling and Acknowledging Emotions



Connected Families is a partnership between AppleTree Institute, Medstar Center for Wellbeing in School Environments, and the Early Childhood Innovation Network.